



YOU ARE
NOT
ALONE

Now more than ever, we need to find ways to stay connected with our community. No one should feel alone or without the information, support and help they need.

Behavioral Health and Substance Use Resource Guide

**Below is a list of agencies and resources for the*

Eastern Upper Peninsula

including their contact information.

(as of 5/8/2025)

Agency Name	Location	Service	Phone Number/ Website
Hiawatha Behavioral Health	114 Elliot St. Saint Ignace	Behavioral Health for adults and children with serious mental illness	Crisis Line: 1-800-839-9443 Main phone: 906-643-8616 Webpage: hbhcmh.org
NorthCare Network	Upper Peninsula	Assists with Access to Quality Mental Health and Substance Use Disorder Services	Screenings for Mental Health Support to Link with Services: 1-888-906-9060 M-F 8am-5pm Substance Use Disorder: 1-800-305-6564
Great Lakes Recovery Centers	1143 N. State Office #3 Saint Ignace	Substance Use Disorder Outpatient services in Saint Ignace with Residential and Outpatient services in Sault Ste. Marie	Outpatient: 906-643-0944 Webpage: greatlakesrecovery.org
National Alliance on Mental Illness (NAMI)	National	Helpline Website resources	NAMI Helpline M-F 10am-6pm 1-800-950-6264 Email Helpline: info@nami.org Crisis Textline: Text NAMI to 741-741 (24/7) Website: nami.org/help
Substance Abuse and Mental Health Services Administration (SAMHSA)	National	Helpline Assistance with Finding Treatment for substance abuse and mental health	SAMHSA National Helpline 1-800-662-HELP (4357) Suicide Prevention Lifeline 1-800-273-8255 Websites: samhsa.gov findtreatment.gov suicidepreventionlifeline.org
Alcoholics Anonymous/Al-Anon	Throughout Eastern Upper Peninsula	Family Support	Information Line: 906-253-9364 Websites: eupaa.org onlinegroupaa.org
Sacred Heart Rehabilitation Center	248 Ferry Lane St. Ignace	Treatment options include: Traditional Outpatient, Withdrawal Management, Medication-Assisted Treatment, and Recovery Support	(906) 984-2080 www.sacredheartcenter.com

The Angel Program	Michigan State Police	Pre-arrest diversion program that allows individuals with drug addiction to walk into a State Police post to get help for their addiction, without fear of arrest or investigation.	Phone: 906-643-7582 to seek help or become an Angel Volunteer
Families Against Narcotics	Sault Ste. Marie	Community-based program for those seeking recovery, those in recovery, and family members affected by addiction	Phone: 906-440-6140 Website: familiesagainstnarcotics.org (also have online meetings)
Sault Tribe Behavioral Health Program	1140 North State Street Saint Ignace	Behavioral Health Services for Tribal members	Main phone: 906-643-8689 Intake phone: 906-635-6075
Wellbriety Meeting	Shedawin Building 2158 Shunk Sault Ste. Marie	12-step recovery group in the Native American Way.	Phone: 906-635-6075